

# 5 Ways To Handle Inequality



## 1. Self-Advocacy

Advocate for yourself by being proactive in seeking fair treatment. This includes requesting equal opportunities, equitable compensation, and addressing concerns with your superiors or HR if you experience discrimination or bias.

## 2. Document and Report

Keep a record of any instances of inequality, discrimination, or bias that you witness or experience. This documentation can be useful if you decide to report the issue to HR or relevant authorities within the organisation.



## 3. Seek Support

Connect with colleagues who share your concerns or have experienced similar issues. Building a support network can provide guidance, strength, and a platform for collective action to address inequality.

## 4. Engage in Dialogue

Engage in open and constructive dialogue with colleagues, managers, and HR to address inequality issues. Express your concerns and propose solutions to promote a more inclusive and equal work environment.



## 5. Educate and Raise Awareness

Promote awareness of equality issues by organising or participating in diversity and inclusion initiatives, workshops, or discussions within your workplace. Educate your colleagues about the importance of equality and its positive impact on the organisation.